### Riverside Gun Club (RGC) Skeet & Trap New Shooter Orientation January 23, 2011



New Shooter Orientation Objective: The objective of this orientation is to insure that all new shooters to RGC Skeet & Trap have a common understanding of: basic shotgun safety; basic clay target shooting posture, positions & protocols; the basic layout of RGC Skeet & Trap facilities and can adequately demonstrate the carrying, loading and firing of a shotgun at a clay target. Assume every new shooter to Riverside is a new shooter. <u>Safety first, last and always!!</u>

# Basic Shotgun Safety

<u>To be conducted for all shooters new to RGC prior to any shooting</u>, generally in the Skeet Shack. Safety should be reiterated when on the field as well. New shooters will be engaged by RGC Range Officers specifically to insure acceptance & understanding of basic gun safety.

- 1. Brief safety review and question & answer.
  - a. Point firearm in a safe direction at all times.
    - b. Make sure the firearm is safe and unloaded.
    - c. Only load the firearm while on station and when ready to shoot.
    - d. Keep finger off trigger until ready to fire.
    - e. Firearms remain open at all times except while on shooting stations.
  - f. A shooter shall carry only one size (gauge) of ammunition.
- 2. Identify and review types of shotguns used and their differences.
- 3. Demonstrate loading techniques for shotguns to be used.
- 4. Inspect firearm, choke and ammo. WE SHOOT NON TOXIC AMMO ONLY.
- 5. Eyes & Ears available and proper fit.
- 6. Follow Range Officers (RO) directions at all times.

## The Basics of Clay Target Shooting

To be conducted at the Skeet Shack or on the field for all shooters new to shotgun sports.

- 1. Remember basic shotgun safety.
- 2. Determine eye dominance and client preference of right/left mounting.
- 3. Eyes & Ears.
- 4. Review various loading techniques.
- 5. Open stance versus rifle stance (need to swing 180 degrees).
- 6. Gun tight to the shoulder, gun butt up, not head down, and see the rib.
- 7. Weight slightly forward, nose over toes. Bend forward at the waist, lean into the shot.
- 8. Explain concept of lead. Variable lead for skeet. Rising lead for trap.
- 9. Explain concept of acceleration of the swing, follow through. Focus on the bird!!!
- 10. New shooters will be accompanied through a clay round (or part of a round) adequate for an RO to assess their overall grasp of gun safety, clay shooting concepts and overall abilities.



## Skeet & Trap Facilities (<u>http://www.riversidegc.org/</u>)

Briefly describe club layout and facilities and those of RGC to all shooters new to RGC.

- 1. RGC Skeet & Trap has a cadre of Range Officers (ROs) who have years of shooting experience, several are NRA Certified Shotgun Instructors, all are eager to help new shooters.
- 2. There is a Duty Range Officer (DRO) in charge of each shooting session, introduce yourself.
- 3. When in doubt or uncertain, ask questions, ask for assistance of RO's.
- 4. Remember basic shotgun safety in the shack and on the fields.
- 5. Review shooting hours and special shoots. Get on our email list.
  - a. Tues & Thurs eves. 7 PM to 9 PM (Skeet only)
  - b. Sunday 9 AM 1 PM (Trap, Skeet and often 5 Stand).
- 6. Skeet Shack place to set up, relax and meet other shooters.
  - a. Coffee, snacks, soft drinks, water. Spare eyes & ears. Pay as you go.
- 7. Settle shooting fees after you shoot.
- 8. Three clay fields: Upper skeet and 5 stand. Middle skeet & trap. Lower trap.
  - a. Explain the basic games of: TRAP, SKEET & 5 STAND.
- 9. Shooting squads casually form up and shoot. Ask if you may join a squad.
  - a. Shooting with experienced shooters will help you!
- 10. Pick up your spent hulls after a round or at the direction of a Range Officer.
- 11. If you bring your own ammo, have it inspected by a Range Officer.

## RGC

Full service sportsman's club. (<u>http://www.riversidegc.org/</u>)

- 1. Rifle, pistol, shotgun, air rifle, archery, fishing.
- 2. Indoor and outdoor ranges.
- 3. NRA Sanctioned training programs.
- 4. Adult and youth developmental programs and leagues.
- 5. Special events; youth fishing derby, holiday shoots, CMP Program, competitions.
- 6. Public banquet facilities. Pool tables, darts, horseshoes.
- 7. Full service bar.